



Dietary Accommodation Form

Preamble

Resident Members may request that special dietary accommodations be made in the preparation of their meals. Such a request is over and above what the Dining Society provides. This form applies to Resident Members, their partners, and special visitors of Green College staying for more than 1 month. *Relevant portions of policy 3 can be found on the reverse of this form.*

The Green College Dining Society provides a meal plan and guest service to meet the nutritional needs of an average person. Please note that:

- the kitchen prepares only a meat and vegetarian option for each dinner service and offers only meat, vegetarian, and omnivore meal plans. The kitchen cannot guarantee it can accommodate all special dietary restrictions all the time, such as no dairy, soy, or gluten.
- the meal plan does not provide for a members' entire dietary requirements, serving only 10 of 21 meals per week (based on three meals/day). Members have a responsibility to supplement the meal plan to meet their personal nutritional needs.
- the "omnivore" plan is a plan designed for those who wish to eat less meat and is a blend of both meat and vegetarian plans on a schedule determined by the kitchen. This plan also matches most religious prohibitions for specific meats (serves only chicken or fish).

Step 1 - Identification

Full Name	Current Meal Plan Type	Email Address
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Step 2 - Accommodation

Information provided below will be kept confidential and shared only with personnel that need to know for the administration and preparation of meals by the Green College Dining Society.

I am requesting special dietary accommodations be made on my behalf due to medical reasons. Medical reasons include diseases such as Diabetes, Crohns, etc. as well as serious food allergies. *For all medical reasons, a doctors' note is required to accompany this form.*

Medical Condition	Food Restrictions
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I am requesting special dietary accommodations be made on my behalf due to religious reasons.

Reason	Food Restrictions
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Step 3 – Signature

The completion of this form does not mean that the kitchen can accommodate this request. By signing here you assert that the information you have provided is true. If accommodated, you agree to communicate promptly with the Dining Society kitchen staff of any changes in your condition and of any absences.

Signature	Date
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Policy GCDS-03 - Meal Plan and Special Dietary Requirements

1. Residents must participate in the meal plan as long as they occupy a room at Green College. Partners of residents are also officially regarded as residents and hence must also participate in the meal plan.
2. ...
3. There are three meal plan options: vegetarian, meat, and omnivore. In order to reduce waste by allowing the kitchen staff to plan ahead, residents must select one of the plans and will only receive meals from that plan.
4. It is clearly stated on the website when applying that the kitchen has a limited ability to accommodate special diets. Residents are expected to follow one of three meal plan types: meat, vegetarian or omnivore.
5. For medically prescribed diets with a doctor's note, the kitchen will accommodate as it is capable. If the kitchen cannot accommodate the diet, the resident may, after talking to the executive chef to try and find an accommodation, apply to the board to be exempt from the meal plan.
6. For religious and preference based diets, the kitchen will accommodate, if it is possible, by using what is already being prepared, *but will not prepare new meals.*

Application procedure

1. Special diets and allergies should be brought to the attention for kitchen staff at the servery during meal times, or by special appointment with the Executive Chef, at the beginning of the resident's stay.
2. If a medical situation arises that affects a resident's ability to participate in the meal plan, that resident must meet with the Executive Chef to discuss possible accommodation based on recommendations made by a medical professional.
3. If accommodation cannot be reached, the resident may appeal in writing to the board for an exemption from the meal plan. The board may grant this exemption, which may be time-limited.